

School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Loaded Fajita Nachos
(tortilla chips, peppers & onions, nacho cheese, salsa, sour cream)
Tater Tots
Assorted Fruit
NYS Milk

2
Chicken Tenders
Garlic Breadstick
Sweet Potato Wedges
Assorted Fruit
NYS Milk

3
Cheeseburger
Buffalo Chickpea Shaker Salad
Assorted Fruit
NYS Milk

4
Cheese Pizza
NYS Local Green Salad
Assorted Fruit
NYS Milk

7
French Toast Sticks
Sweet Potato Home Fries
Pumpkin Pie Yogurt Parfait
Assorted Fruit
NYS Milk

8
Fiesta Taco Mac n Cheese
Salsa & Tortilla Chips
NYS Broccoli
Assorted Fruit
NYS Milk

9
Crispy Chicken Sandwich
French Fries
Assorted Fruit
NYS Milk

10
Popcorn Chicken Bowl
Gravy & Mashed Potatoes
Corn
Assorted Fruit
NYS Milk

11
No School
Veterans Day

14
Maple Sausage Waffle Sandwich
Sweet Potato Home Fries
Assorted Fruit
NYS Milk

15
Loaded Soft Tacos
(taco meat, cheese, lettuce, salsa, sour cream)
Layered Taco Dip with Fresh Veggies
Assorted Fruit
NYS Milk

16
Chicken Tenders
Garlic Breadstick
Cucumbers & Dip
Assorted Fruit
NYS Milk

17
Turkey w/ Gravy
Stuffing & Mashed Potatoes
Apple Crisp
Assorted Fruit
NYS Milk

18
Cheese Pizza
Fresh Garden Salad
Assorted Fruit
NYS Milk

21
Pancakes
Turkey Sausage
Home Fries
Assorted Fruit
NYS Milk

22
Loaded Quesadilla
(taco meat, cheese, peppers & onions)
Salsa & Sour Cream
Taco Fiesta Beans
Assorted Fruit
NYS Milk

23
Thanksgiving Break

24
Thanksgiving Break

25
Thanksgiving Break

28
French Toast
Toppings: Cinnamon Butter, Maple Syrup, or Cinnamon Apples
Sweet Potato Home Fries
Assorted Fruit
NYS Milk

29
Beef Chili with Beans
Toppings: Sour Cream, Cheese
Salsa & Chips
Assorted Fruit
NYS Milk

30
Crispy Chicken Sandwich
French Fries
Assorted Fruit
NYS Milk

National French Toast Day!

Menus are pork free

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider



NOVEMBER 2022

Breakfast & Alternate Lunch Options

Breakfast Choices:

Bagel with Cream Cheese
Assorted Cereal & 2 WG Graham Crackers
Whole Grain Muffin
Hot Breakfast Sandwich (Tuesday and Thursday Only)
Served with 100% fruit juice, fruit of the day, & choice of milk

Alternate Lunch Options:

Hummus with Pita Chips & Vegetables (served with fruit, choice of milk)
Yogurt (served with a grain, choice of fruit/veg, choice of milk)
Sandwich of the Day (served with fruit/veg, choice of milk)

Sandwich of the Day:

Monday: Turkey & Cheese Sandwich
Tuesday: Ham & Cheese Sandwich
Wednesday: Grilled Cheese
Thursday: Ham & Cheese Sandwich
Friday: Turkey & Cheese Sandwich
Peanut Butter & Jelly are always available
Sun butter & jelly sandwich available upon request



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

