

All Students enrolled in the OESJ school district will eat FREE for the 2019-20 School Year.

Snacks can be an important part of your diet. They can provide energy in the middle of the day or when you exercise. A healthy snack between meals can also decrease your hunger and keep you from overeating at meal time. Healthy Snacking assist with your appetite control, increased energy and better over all concentration.

Healthy Snack Suggestions :

- | | |
|------------------------|--------------------------|
| Fresh Fruit | Grain and Fruit Bars |
| Mini-bagels or muffins | Animal Crackers |
| Fruit Cups | Baked Chips |
| Graham Crackers | Trail mix without candy* |
| Applesauce | Granola Bars* |
| Goldfish Crackers | Hard boiled Eggs |
| Raisins | Cheese and Crackers |
| Pretzels or popcorn | Yogurt |
| Fresh Vegetables | String Cheese |
| Rice Cakes | Nuts |



Germ's Everywhere!

“Open shut them
Open shut them
Give a little clap, clap, clap
Open shut them
Open shut them
Put them in your lap, lap, lap
Creep and crawl them
Creep and crawl them
Right up to your chin, chin, chin
Open wide your little mouth
But do not let them in, in, in.”



While learning this nursery rhyme, Mrs. Yoder’s Pre-K class has also been learning about germs (which is the reason why we “do not let them in, in, in”). The class has learned that germs are invisible, that they are everywhere, and that they can make us sick. For this reason, it is very important for everyone to wash their hands with soap and water for 20 seconds. The class conducted an experiment to see how germs spread. Every student dipped his or her hands in a bucket of white flour. The kids were then given small plastic and wooden toys to play with at a table. After a few minutes of play, the kids stepped back and looked at how the flour (germs) was on their hands as well as the toys, the tables, their arms, and shirts. Everyone learned that germs can easily spread everywhere!

IMPORTANT DATES:

- 10/2 - BOE Meeting - 6:30 pm- Jr/Sr High School Aud.
- 10/4- Wolf Awards - 8:30 am - Elem. Café
- 10/14 - Columbus Day - No School
- 10/15 - Superintendent Conference Day - No School for students
- 10/25 - Elem. Picture Day
- 10/25 - Trunk or Treat

All transportation changes need to be made by 12:00 each day.

PLEASE DO NOT LEAVE VEHICLES IDLING ON SCHOOL PROPERTY!

School is back in session! Please be mindful of buses with their red lights on!

The Howler



SEPTEMBER 2019



Front Row: Abigail Jasek, Katherine Davis, Isabella Jasek, Rylie Williams, Lillian Egan, Kalley Christensen
Second Row: Brooke Rocas, Mallory Allen, Callie Gray, Lindsey Egan, Kaci Bare

Money raised during the Girl Scout cookie sale was used to purchase new items for the OESJ Elementary recess room! Girl Scout leader, Stephanie Gray took troop 2123 shopping to pick out items that students at OESJ would enjoy playing with during recess; hula hoops, balls, coloring books and crayons, board games, sidewalk chalk and much, much more! Thank you to Girl Scout Troop 2123 and Mrs. Gray for all of the wonderful toys. Our students really appreciate it!





Have you heard about PAWS?



Our name stands for **Parents Advocating With Support**, and our mission is to support and enhance the educational experiences of the school and students by:

1. Providing an organization through which parents, community, school and teachers can work cooperatively.
2. Providing financial support for programs outside of the annual school budget.

Some of the events and activities that PAWS has supported, sponsored, or donated to this year are Trunk or Treat, iReady Shopping Cart Mondays, Breakfast with Santa, HC Smith Benefit Club Toy Raffle and Give Away, Spring Fling, assemblies, PARP and more.

We have one fundraiser in the Fall to fund all of our needs for the entire school year. Please help by making this year a success! Our fundraising packets from C&H Fundraising, on 9/19 and need to be returned on or before 10/10. We're anticipating a delivery for the week of 11/11. All orders must be picked up on the future date being provided. We can not store items that need refrigeration.

PAWS meetings are currently scheduled for the first Monday of every month in the elementary cafeteria at 3PM.

Please join us! Can't attend? Join our Facebook Page OESJ PAWS or reach out to a PAWS board member.

Co-Presidents
Amanda Schwasnick & Jill Fredericks
Co-Treasurer's
Kierin Fox & Ceila Bradford
Co-Secretaries
Cheryl Cavanaugh & Kate Yoder

Start the school year with a focus on ATTENDANCE!

Research shows that chronic absenteeism (missing 15 or more days in a school year) damages academic success. Unfortunately, more than seven million students across the nation miss three weeks or more each school year.

When students miss school or arrive late, everyone suffers. Teachers spend time collecting makeup work and reteaching. Meanwhile, other students—who are ready to learn—must wait.

Your child's most fundamental school related responsibility is to get to school on time every day. To support your child:

1. **Stick to a schedule.** Establish evening and morning habits that help your child be prepared. For example, select outfits and pack lunches at night.
2. **Schedule carefully.** Make medical and other appointments during non-school hours when possible. School should be a priority when planning family trips, too. If your child must be absent, work with her teacher to help your child complete make-up work.
3. **Seek help when needed.** Many problems contribute to missing school. If your family struggles with health, transportation, work, child care or other issue, talk with school staff. Our shared goal is to help children get to school and do their best.

First grade had a beautiful day for year to Rogers Family Orchard. The around the orchard and finding their learned about apples, how to pick



their first field trip of the school students enjoyed a wagon ride way through the corn maze. They them and tasted some delicious apple cider. Students were excited to bring home some apples and a pumpkin!



NEWS FROM THE NURSE

A few reminders for the new school year:

- ◆ If your child is absent from school, please send in a note the day they return (even if you called the school). We must have a written note for the absence to be legal.
- ◆ The school day begins at 8:05 a.m.
- ◆ Please make sure you are sending your children with coats, hats, gloves, etc. Recess may be outside.
- ◆ Sneakers are required for P.E. Please make sure your child is wearing or brings sneakers on P.E. days.
- ◆ Germs are easily spread. Please encourage your child to cover their mouth when coughing, sneeze into their arm and to always wash their hands.

We look forward to a happy & healthy new school year!

Playground Closed for Improvements

Over the course of the last year, the District has enhanced many of the classrooms and facilities in each of its school buildings. As part of this progress, we are also making improvements to the playground at the elementary school. In the coming weeks, the custodial staff will replace the current wood mulch on the elementary playground with a rubber mulch. This new groundcover is sure to provide a softer, safer landing, not only for our primary students, but for all of the children in the community who utilize the recreational area.

As safety is always our first priority, we will not allow students to use the playground until the new surface is fully applied. We ask that families who frequent the playground outside of school hours to also refrain from using the playground until this transition is complete. Signage has been placed around the playground to prevent usage and will remain up until the Facilities department completes this project. We appreciate your anticipated cooperation in this matter and look forward to seeing our many families enjoying the playground this Fall!